



30 N. San Pedro Road, Suite #275  
San Rafael, CA. 94903  
[www.marinadvocates.org](http://www.marinadvocates.org)

Programs of MAC:  
Child Abuse Prevention Council  
Court Appointed Special Advocates



## HOW CAN YOU HELP?

- \* \$2,500 recruits and trains a new CASA volunteer
- \* \$1,500 provides supervision for a CASA volunteer for one year
- \* \$250 Trains 30 mandated reporters
- \* \$100 Produces 20 training manuals for mandated reporters
- \* \$50 Helps to send a CASA child to summer camp

### TO MAKE A DONATION

please visit our website:  
[www.marinadvocates.org](http://www.marinadvocates.org)  
or send a check to  
Marin Advocates for Children,  
30 N. San Pedro Road, Suite #275,  
San Rafael, CA. 94903.



Marin Advocates for Children  
is a non-profit 501(c) 3.  
Tax ID 68-0170143

## SAVE THE DATE: SEPTEMBER 20, 2013

The Tee it up for CASA golf tournament returns - **Friday, September 20, 2013** at San Geronimo Golf Course. Once again this fabulous event is being organized to raise funds to support Marin Advocates for Children's CASA program – and have fun at the same time! Become a sponsor, bring a foursome of friends, or volunteer. Contact Pam Nicolai at [pamnicolai@earthlink.net](mailto:pamnicolai@earthlink.net).



Volunteers are needed to help on the event; everything from mailings, solicitation of auction items, set up of the event and the event itself. For more information on becoming a sponsor or volunteer, please contact Pam Nicolai at [pamnicolai@earthlink.net](mailto:pamnicolai@earthlink.net).

### HELP US BE GREEN

In an attempt to save both money and our environment, Marin Advocates for Children would like to send you the newsletters electronically rather than paper. If you would like to receive your newsletter electronically please email Mollie Squires at [mollie@marinadvocates.org](mailto:mollie@marinadvocates.org).



[www.marinadvocates.org](http://www.marinadvocates.org)

April is Child Abuse Prevention Month

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### BOARD OF DIRECTORS

Judy LeMarr, *Chair*  
Paula Allen, *Treasurer*  
Gabriele Fain, *Secretary*  
Janet Deleuse  
Robin Eber  
Arleen Gomez  
Katherine Ikeda  
John Kikuchi  
Mark Labourdette  
Aaryn Pratt  
C.J. Rendic  
Denise Thomas

### STAFF

Cyndy Doherty  
*Executive Director*  
Laurie Good  
*CASA Program Supervisor*  
Suzy Bischalaney  
*CASA Case Supervisor*  
Tiffany Welter  
*Office Manager*  
Robyn Roberts  
*Volunteer & Training Coordinator*  
Mollie Squires  
*Development Coordinator*

### QUICK LINKS

[www.marinadvocates.org](http://www.marinadvocates.org)

### Have you had enough?

## RAISE YOUR HAND WITH ME

Child sexual abuse is insidious. It robs children of their childhood and often devastates their adult lives.

*Studies have shown that one in four girls and one in six boys experience sexual abuse or exploitation before their eighteenth birthday.*

Often these children suffer in silence. They are afraid to tell someone. Perpetrators may threaten children to keep them quiet.

We know<sup>1</sup> that many who do not get help early will bring feelings of shame, anger and hopelessness into adulthood. They will experience depression, anxiety, relationship problems and further victimization. They may turn to drugs, alcohol, overeating and promiscuous sexual encounters in an attempt to dull the pain. These high risk "coping

strategies" can and do cause heart disease, diabetes, cancer and a host of other negative health issues. Victims of child sexual abuse are not only robbed of their childhood – they are robbed of the chance to reach their fullest potential.

### How can we stop this from happening to one more child?

My parents enjoyed entertaining guests in their living room. Neither smoked, but every end table had an ash tray on it. Those ash trays encouraged smoking even though my mother hated the smell. In those days it was rude to say "please smoke outside."

Things changed in the seventies. Restaurants and airlines started a "non-smoking" section. Non-smokers insisted that they had a right to breathe clean air. Ashtrays disappeared from my parents' home. The community perspective shifted. A sea change occurred in a very short time.

Smoking is a health hazard. So is child sexual abuse. We must alleviate it the same way we did smoking. The community

must become informed about the problem so that we can all join together to stop it.

*The Greater Bay Area Enough Abuse Campaign has pledged that by the year 2015 Marin County and nine other participating counties will be actively engaged in preventing child sexual abuse in their homes and communities.*

[www.enoughabuse.org](http://www.enoughabuse.org)

Have you had enough? Raise your hand with me.



<sup>1</sup> The Adverse Childhood Experience (ACE) Study is one of the largest investigations ever conducted on the links between childhood maltreatment and later life health and well being.

## A BIG THANK YOU

Thank you to all the businesses listed below for generously donating funds and goods that allowed us to host our annual holiday party for Marin County's foster children. There was Santa, entertainment, gifts and food for over 100 children and their families. In addition to the donors listed below, a very special woman anonymously donated hundreds of new toys and gifts for all of the children. The holidays are an important time

for any child, but it can be even more crucial for Marin's foster children. With this help, we brought a little joy into these children's lives.

**CRAIG'S WAREHOUSE**  
**LITTLE PICKLE PRESS LLC**  
**MADE BY SURVIVORS**  
**ORCHARD HARDWARE**  
**ROUND TABLE PIZZA**  
**RYAN PARTNERS**  
**SAFeway STORES**



*Santa visited our Annual holiday party for Marin County's foster children*

## Thank You To Everyone Who Made A Difference in A Child's Life

*At the March 9th Benefit and Auction we all had a great time!*

*Gorgeous views, a lively auction, great music – all to raise funds for Marin's most vulnerable children.*

### Special Thanks to our Sponsors:

**PATRON SPONSOR** – Autodesk

**PARTNER SPONSORS** – Bank of Marin, Kaiser Permanente, Marin Sanitary Service, Mechanics Bank, MetLife - Northern California Financial, Parallel Advisors, The Pasha Group

**SUPPORTING SPONSORS** – All California Mortgage, Brouwer & Janachowski, LLC, EO Products, Frank Howard Allen Realtors, Hennessy Advisors Inc., Mollie Stone's Markets, Nassiri & Jung LLP, Novato Toyota

**MEDIA SPONSOR** – Marin IJ

**ENTERTAINMENT** -  
 Fernando Aragon Band



**IN KIND DONORS** – 49'ers, Alex & Lee, Al Loren, Alpha Dog, Athleta, Batol, Bay Area Caberet, Beach Blanket Babylon, Bluemercury, Blue Water Kayaking, Britex Fabrics, BR Cohn Winery, Karen Calderon, Campton Place, Caprice, Casa Madrona Hotel, City Cycle, Deleuse Jewelers, Diana's of Tiburon, Edward's Salon, Element Coffee Bar, Emporio Ruli Larkspur, EO Products, Evo Spa, Florence Losada, Frantoio's Ristorante, Garden Court Hotel, Green Door Design, Christina Gualy, Gene Hiller's Menswear, HomeStory of Marin, Hopmonk Tavern, Idaho Rocky Mountain Ranch, Insalata's, Joshua Ets-Hawkins Photography, Left Bank Braissiere, Judy LeMarr, Ruth Livingston, Magnolia Gallery, Malugani Tire, Marin Joe's, Mill Valley Massage, Milvali Salon & Cosmetics, Peter Moorhead, James Murray, M. Natsios, Nick's Cove, Nob Hill Spa, Nothing Bundt Cakes, Osmosis Spa, Peggy Parks Photography, Perbacco Ristorante & Bar, Ross Valley Dentistry,

San Rafael Pacifics, Rona Schmidt, Seaplane Adventures, Servinos, SF Bay Adventures, Silverado Golf Course, Skin Spirit, Southern Marin Fire Protection, Sunrise Home, Sweet Things, The Blue Jeans Bar, TuTu School, Woody's Yogurt Place Bar

**THANK YOU to our fabulous volunteers, with whom the event would never happen:** Melissa Lasky, Dana Vilas, Rona Schmidt, Vicki Gross, Lynne Doherty, Cindy LaMar, Laura Gigounas, Tiffany Welter



## MAC Welcomes New Board Members



### Janet Deleuse

Janet Deleuse recently joined the MAC Board of Directors. Janet's formal training is as a molecular biologist and today she designs custom jewelry that has been featured in Town & Country, Robb Report and Lustre magazine. Janet and her husband Jeff opened Deleuse Jewelers in Marin thirty two years ago first in San Anselmo and now in Tiburon.

Over the years, Janet has supported organizations in Marin County dedicated to helping families and for the benefit of children. Janet told us "I chose to become a Board member for Marin Advocates for Children to continue my efforts on behalf of the welfare of children. With my connections in the community, business experience and my compassion for children, I feel that I can be most effective working on the Board in raising awareness about Marin Advocates for Children and to "make a difference in a child's life".



### Arleen Gomez

Arleen Gomez recently joined the MAC Board of Directors. Arlene has worked for Kaiser Permanente since 1998 and currently works in Administration as Program Director for Leadership Development.

Arleen has lived in Marin since she was in grade school and raised her two sons in Novato. Her older son is the proud father of her two grandchildren, and her younger son, realizing his dream of fol-

lowing in both grandfathers' footsteps, recently enlisted in the U.S. Navy.

When asked why she chose to join the MAC Board of Directors Arleen responded "because the children who need to be protected and represented live in our neighborhoods and attend our schools. Regardless of how well we know these children, ensuring every child has an opportunity to lead a healthy and successful life is our responsibility as a community."

## How You Can Help

### Legacy Gifts

Sarah Crampton became a member of the Board of Marin Advocates for Children in February 2001. Just a few months later she died unexpectedly. Even though Sarah was young, she had already made out her will and had directed that a portion of her estate go to Marin Advocates for Children. That money was put in a fund to be used for "extras" that foster children might need. Because of Sarah Crampton, a foster child received a computer to help him get a leg up on college. Because of Sarah Crampton, a CASA child was able to afford a dress for her once in a lifetime senior prom.

Marilyn Ferry became a CASA volunteer in 1995. I still remember her coming in to our old offices in Terra Linda. She always had a smile on her face. And she always knew just the right thing to do as a CASA volunteer with "her" children. Marilyn retired from her last CASA case in 2005 and I lost touch with her. In 2007 Marilyn's son called with

the sad news that Marilyn had died. He told me she had left a portion of her estate to MAC. Marilyn's generous donation funded an entire training and subsequent supervision of CASA volunteers. We trained 15 new CASA volunteers in that class who would advocate for an estimated 30 to 50 children over the course of their time with MAC. Because of Marilyn, 50 abused and neglected children in Marin County would have an advocate.

John Kikuchi, current member of the Board of Directors of MAC, made the decision to include MAC in his will. "Over my years on MAC's Board of Directors I have come to appreciate more fully the dedication and commitment of the CASA volunteers on behalf of the children they serve. By naming Marin Advocates for Children as one of the beneficiaries of my estate, I can help to ensure that there are CASA volunteers for every child who needs one." says John.

Your estate planning attorney, accountant, or financial advisor can tell you about the different options available to you for making a legacy gift to Marin Advocates

for Children. These range from simple bequests to more advanced strategies such as Charitable Lead Trusts, Charitable Remainder Trusts, Donor Advised Funds and Private Foundations. If you would like to explore these options further, CJ Rendic, a current board member and founder of Parallel Advisors, would be happy to discuss them with you. You can reach him at 415 839 8439 or [cj@paralleladvisors.com](mailto:cj@paralleladvisors.com)

By naming Marin Advocates for Children as a beneficiary in your estate plan you can ensure that Marin County victims of child abuse will always have a voice.

### My Broker Donates

Go to [mybrokerdonates.com](http://mybrokerdonates.com) for more information.

### eScrip

Go to [www.escrip.com](http://www.escrip.com) and sign up to support Marin Advocates for Children.

### Car Donations

Go to [www.centerforcardonations.com](http://www.centerforcardonations.com) for more information.